

CAVAN FC PLAYER ASSESSMENT



Player: _____ Date: _____

Coach: _____ Team: _____

ASSESSMENT BACKGROUND

Players and parents often wonder how coaches assess the talent and future potential of a soccer player. Players are evaluated and assessed on the following four components of the game:

1. Technical Ability (on ball skills)
2. Tactical Awareness (off ball skills),
3. Psychological (attitude/approach), and
4. Physical Aspects (Fitness/Athletic Ability).

At the foundation of player development is the technical ability of a player, but players are complete only when they have developed in all four components. These components are developed by exposure to highly challenging training sessions run by quality coaching and frequent highly competitive matches. By placing players within a competitive environment coaches will be able to see which players are totally committed to maintaining or regaining possession on the ball. Feedback needs to be provided to players in all four components of the game for their continued development and ability to play the game.

Coaches also look for players who have the ability to make their teammates better, have the ability to make an impact upon the game, and have the ability to play numerous positions on the field. Does the game change when you enter or leave the field? Are you comfortable playing different positions when called upon to do so? Does your team elevate their level of play when you are in the lineup? How hard do you work in a game? How hard do you work in training? Are you willing to challenge and push your teammates in a positive and constructive way? Are you willing to be challenged and pushed by your teammates? The bottom line is good players have the ability to bring out the best in those around them.

RESPONSIBILITIES OF PLAYERS AND PARENTS

- ✓ **Grades.** Knowing that simply put, no grades, no play.
- ✓ **Devotion to the game.** Be self-motivated to work hard and put yourself in environments that will allow you to grow as a player both technically and tactically. Commit 100% of yourself to improve. Learn the game by watching soccer especially higher-level games.
- ✓ **Time Commitment.** Commit the time outside of the training environment to practice on your own.
- ✓ **Communication.** Players and parents are expected to communicate with their coaches regarding any question or area of concern.
- ✓ **Pay Attention.** Please pay particular attention to all deadlines and instructions for various activities. Adherence to these dates is key to reducing hassles and costs. Listen to the coaches you are exposed to and what they have to say. Also don't be afraid to ask questions if you don't understand.
- ✓ **Fitness.** Maintain a high fitness level so you can compete at a high level when called upon.

- ✓ **Continued Development of Technical Ability.** Practice outside of training environment to improve your technical ability. Listen to the feedback given and improve areas of your technical ability touched upon.
- ✓ **Continued Development of Tactical Awareness and Understanding.** Play, Play, Play. The more competitive and challenging training and match opportunities you expose yourself to, the greater the opportunity to increase your tactical awareness and understanding of the game as well as your speed of play.
- ✓ **What do they practice?** It is said that anybody can practice what they do well. It takes a truly determined player to practice what they don't do well and are willing to embarrass themselves in front of their teammates while learning new things.

GRADING – A (Above Average) B (Average) C (Needs Improvement)

TECHNICAL ABILITY

Ball Control

Passing

Dribbling

Heading

Finishing

TACTICAL AWARENESS

In Attack – Player not in possession

In Attack – Player in possession

In Defense

Defender on Ball (First Defender)

Support Defenders (Second, Third, or all defenders off the ball)

In Transition

PHYSICAL ASPECTS

Endurance

Speed

Agility

Strength

Work Rate

Drive

Determination

Leadership

Self Control

Aggressiveness

Responsibility

Mental Toughness

Coachability

COACHES OVERALL COMMENTS

COACH'S SIGNATURE: _____