

MAPLE LEAF SOCCER – Sunday Night - 30+ *Ladies League*

Participant's Agreement for Players 18 and over

By signing this document you will waive certain legal rights, PLEASE READ CAREFULLY

This is a binding legal agreement. As a Participant in the programs, activities and events of the Ontario Soccer Association, their Districts, This Leagues and Clubs. The undersigned acknowledges and agrees to the following terms.

Accident Insurance

Executing this agreement will not preclude you from accident insurance coverage, subject to the terms and conditions of the Ontario Soccer Association's insurance policy.

Disclaimer

The Ontario Soccer Association, East Central Ontario Soccer Association, Leagues, Clubs and their directors, officers, members, employees, volunteers, officials, participants, clubs, agents, sponsors, owners/operators of facilities, and representatives (the "Organization") are not responsible for any injury, damage or loss of any kind suffered by a Participant during, or as a result of, any program, activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

Description of Risks

- a. Executing strenuous and demanding physical techniques in soccer;
- b. Dry land training including weights, running, and massage;
- c. Grass, turf and other surfaces including bacterial infections and rashes;
- d. Falls to the ground due to uneven or irregular terrain or surfaces;
- e. Collisions with walls and soccer equipment;
- f. Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- g. Spinal cord injuries which may render me permanently paralyzed;
- h. Extreme weather conditions which may result in heatstroke, sunstroke or hypothermia;
- i. Contact, colliding or being struck by other participants, spectators, equipment or vehicles;
- j. Vigorous physical exertion and strenuous cardiovascular workouts;
- k. Exerting and stretching various muscle groups; and
- l. Travel to and from competitive events and associated non-competitive events, which are an integral part of the organization's activities.

Furthermore, I am aware:

- o That injuries sustained in soccer can be severe;
- o That I may experience anxiety while challenging myself during the activities;
- o That I may come into close contact with other participants, including the possibility of accidental and unexpected contact;
- o That my risk of injury is reduced if I follows all rules established for participation; and
- o That my risk of injury increases as I become fatigued.

Release of Liability

In consideration of the Organization allowing me to participate as a Participant, I agree:

- To assume all risks arising out of, associated with or related to my participation;
- To be solely responsible for any injury, loss or damage that I might sustain while Participating; and
- To release the Organization from liability for any and all claims demands, actions and costs that might rise out of my participating, even though such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by the negligence of the Organization.

ACKNOWLEDGEMENT

I acknowledge that I have read this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon heirs, executors, administrators, representatives and myself.

Printed Name

Signature of Participant

Date